

CHEETAHS AND CHEETALS

Number of participants: depends on space size Duration: 1 min to 20 minutes

Age Restrictions: none

This game comes from India. The cheetah is a spotted cat and a cheetal is a spotted deer. The group is divided into two teams and the leader will decide which team is “it”.

Space Requirements:

Best in a gym or outdoors. Approximately 40 feet of length.

Supplies:

Something to mark lines ie. Pylons

Activity Instructions:

Mark out Three parallel lines, each about 20 feet apart. This can also be two outer walls and a line in the centre of the room.

Divide the group into two teams; one becomes the cheetahs, the second the cheetals. Have the two teams stand back to back (1-2 feet apart) along the center line, each team is facing their finish line. The leader calls out loudly, “Cheee-ee-ee” and then suddenly ends with “tals” or “tahs”.

- If the word is ‘cheetahs’, the cheetahs run towards the line they are facing and the cheetals try to follow and tag them.
- If the word is ‘cheetals’, the cheetals run towards the line they are facing with the cheetahs try to follow and tag them

If someone is tagged they join the opposite team.

Variations: You can change the team names, be creative and engage the kids in coming up with options

Variations: Track the children who change sides, the one that never gets caught is the winner, or the people who get caught most become the caller.

1.16
SECONDS



Cheetah

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Cheetal