

MBUBE MBUBE

Number of participants: 6+

Duration: 2-3 minutes per game

Age Restrictions: None.

Brief Description:

Help the lion catch the impala.

Pronounced "Mboo-bay Mboo-bay," this game uses a Zulu word for lion. The Zulu tribe is based in what is modern-day South Africa.

Space Requirements:

Room for the children to make a circle

Supplies:

2 blindfolds

Activity Instructions:

1. To play this game everyone forms into a large circle.
2. Choose 2 players: One to be the lion and the other to be the impala.
3. Place a blindfold on each player and spin them around several times.
4. Staying inside the circle, the lion then moves around hunting (tagging) the impala. The impala can move around too.
5. The children who have formed the circle begin calling out to the lion, "Mbube, mbube". As the lion gets closer to the impala, the chanting gets louder and faster. However, if the lion moves away the chanting gets softer and slower.
6. If the lion doesn't tag the impala within 1 or 2 minutes then a new lion must be chosen. If the impala is caught by the lion then another child is chosen to be the impala.