

Catching Stars

Number of participants: Seven+

Age Restrictions: none

Duration: Depends on number of participants.

This game was first developed in Africa. It reflects the ancient fascination with stars and the night sky.

Space Requirements:

Gym or outdoors.

Supplies:

Something to mark the boundaries (ie. pylons)

Activity Instructions

- Divide the players into two groups: stars and catchers. Set up two boundaries about twenty feet apart.
- Catchers: Stand in the middle of the two boundaries.
- Stars: Stand on one side of the boundaries.
- Catchers: Say "star light, star bright, how many stars are out tonight."
- Stars: Say "more than you can catch!"
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- The stars run across to the other end and try not to get tagged. The winner is the last person to get caught.