

# WHIRL AROUND

Number of participants: 4 and up

Duration: About 10 minutes

Age Restrictions: Ages 5 and older

**Whirl Around** is a favourite game played by children in Syria. You are likely to get a little dizzy playing this game!

**Space Requirements:** Classroom or gym space, depending on the number of children

**CAUTION:** *Players may become dizzy and disoriented during this game. Make sure there is nothing in the play area that could cause an injury if a player stumbles or falls over.*

**Supplies** A small rubber/tennis ball for each player

## Activity Instructions

1. To play the game each player bounces his ball on the ground and then spins around once before catching it. (Hint: It really helps to spin in the opposite direction after each bounce so that you don't spin in the same direction and get too giddy.)
2. You score a point each time the ball is caught.
3. Players can take turns playing or they can all play at the same time if there are enough balls.
4. The winner is the player with the most catches in a row.

This game requires good hand to eye co-ordination as well as an excellent sense of balance if you want to win. It can be played for a set time (for example, one minute) or you can simply keep count of how many times a player catches the ball before they drop it. After the players have time to recover they can try to improve on their previous score.